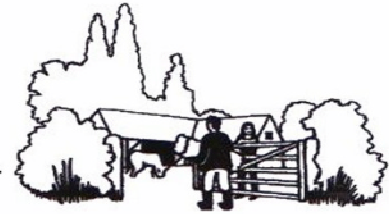


# MILLENNIUM FARM TRUST

providing opportunities for those with learning difficulties



## Sponsored walk Sunday 20<sup>th</sup> April 2008

Please note some of the Bury to Clare walk is on minor country roads and other parts are at the edges of ploughed fields where the surface may be uneven. The gradient is undulating. Please wear stout footwear suitably supporting feet and ankles. There are some stiles en route. Ground surfaces, stiles and bridges can be slippery if the weather has been wet. Please have the name, address and tel no of a person we can contact if an emergency arises. Each participant is responsible for making their own transport arrangements /collection at the end of their walk section. Parking is not allowed at the checkpoints; we suggest your driver either walks to the checkpoint or you arrange to meet them in the nearby village. Dogs are only allowed if they are kept on a lead at all times and providing they do not foul the footpath.

## Important Disclaimer

Please remember that you are taking part in the MFT sponsored walk at your own risk. Participating in the event is a potentially hazardous activity. You are asked to confirm that you are aware of and expressly assume all risks associated with this activity, including, but not limited to, falls, contact with other participants and objects, the effects of weather, traffic, and the conditions of the roads, other terrains, and the route used by the event. Millennium Farm Trust only accept responsibility for injury or death explicitly caused by the charity's own negligence. Millennium Farm Trust does not accept liability for any loss or damage, however arising, or from cancellation of the event.

I confirm that I have read and understood the above disclaimer.

I register to take part in the MFT Sponsored Walk in aid of

- The Millennium Farm Trust
- Charity of my choice: .....

(delete one)

Name: .....

Address: .....  
.....

Signed: ..... Date: .....

Emergency contact .....  
.....

2 Oakey Field Road, Thurston, Bury St. Edmunds, Suffolk IP31 3RX Tel 01359 230498

Registered Charity No 1070145 Company No 03567659